

Friday, January 30, 2026

## January 30, 2026 - Weekly Update

It was a creative week at Macaulay as students and staff engaged in some fun poetry activities. One activity involved contributing to a collaborative word poetry cloud. Here is a list of the most popular words students used to describe Macaulay: *creative, unique, energetic, proud, friendship, grand (big), awesome, bright, fun, ideas, learn, pride, teamwork.*



Looking Ahead
Feb 6: PAC fun lunch
Feb 11: PAC meeting (6:30 pm in the library)
Feb 12: Spirit day - Wear red, pink or white! <b>AND</b> PAC boardgame night (6:00 pm in the gym)
Feb 13: Professional Development Day - NO SCHOOL for students
Feb 16: Family Day - NO SCHOOL

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## Information Items

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# Come Try The Game Free Day

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VJFHA's Come Try The Game Free Day is offered for brand new players to try a free session of field hockey! This is for youth ages 5 to 18 and all genders are welcome!

**When:** Sunday February 8th, 2026

- 1:15-1:30pm - Check in / Get sized for a stick
- 1:30-2:30pm - Players Age 4-8
- 2:30-3:30pm - Players Ages 9 and up

**Where:** Lynne "Buzz" Beecroft Field @ UVic

**How:** Both returning and new participants must register.  
Use the QR code or visit our website to sign up!

